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EDUCATION

2020-2024	PhD in Nursing (Internal Medicine Nursing), Institute of Health Sciences, Dokuz Eylül University, İzmir, Türkiye Dissertation: The Effect of a wearable technology-supported intervention on caregiving self-efficacy and quality of life among informal caregivers of individuals with dementia Supervisor: Prof. Dr. Burcu Akpınar Söylemez
2017-2020	MSc in Nursing, (Internal Medicine Nursing), Institute of Health Sciences, Dokuz Eylül University, İzmir, Türkiye Dissertation: Psychometric properties of the Turkish version of the revised scale for caregiving self-efficacy. Supervisor: Assoc. Prof. Dr. Burcu Akpınar Söylemez
2012-2017	Bachelor of Science in Nursing, Faculty of Nursing, Dokuz Eylül University, İzmir, Turkey

ACADEMIC POSITIONS

2026- present	Assistant Professor of Internal Medicine Nursing, Department of Nursing, School of Health Sciences, Atılım University, Ankara, Türkiye
2019-2026	Research Assistant, Department of Nursing, Faculty of Health Sciences, Izmir University of Economics, Türkiye

HONORS&AWARDS

<u>2025</u>	Institute Award (First Rank), Dokuz Eylül University, Institute of Health Sciences, Academic Year 2024–2025
<u>2025</u>	Certificate of Outstanding Achievement, Dokuz Eylül University, Institute of Health Sciences
<u>2023</u>	Academic Achievement Award, Highest number of Web of Science indexed publications affiliated with İzmir University of Economics (2022-2024)

RESEARCH INTERESTS

•	Dementia care
•	Digital health interventions
•	Family caregiver research
•	Ageing and geriatric nursing

INTERNATIONAL PUBLICATIONS (within the scope of SSCI; SCI, SCI-exp, or AHCI)

No	International Publications
1	Özgül, E., Döner, N. H., & Çürük, G. N. (2025). Investigating older adults' technology attitudes: Psychometric evaluation and cross-cultural adaptation of the TechPH scale. <i>International journal of medical informatics</i> , 203, 106001. https://doi.org/10.1016/j.ijmedinf.2025.106001
2	Akyol, M. A., Güney, S., Özgül, E., Akpınar Söylemez, B., & Küçükgüçlü, Ö. (2024). What does the public really know about dementia? A community-based cross-sectional survey in Türkiye. <i>Public health nursing (Boston, Mass.)</i> , 41(6), 1322–1330. https://doi.org/10.1111/phn.13398
3	Akyol MA, Özgül E, Söylemez BA, Küçükgüçlü Ö, "Willingness to work with older adults and related factors in nursing students: a cross-sectional study ", <i>Educational Gerontology</i> , 2024, 0360-1277, 50, 8, 10. doi: 10.1080/03601277.2024.2339573
4	Akpınar Söylemez B, Özgül E, Akyol MA, Küçükgüçlü Ö. Effectiveness of the aged simulation suit on undergraduate nursing students' attitudes and empathy toward older adults: A systematic review and meta-analysis. <i>Nurse Educ Pract</i> . 2024 May; 77:103990. doi: 10.1016/j.nepr.2024.103990. Epub 2024 May 7. PMID: 38733958.
5	Özgül E, Akyol MA, Akpınar Söylemez B, Küçükgüçlü Ö. Caregiving Self-Efficacy in Family Caregivers of People with Dementia: The Role of Knowledge of Dementia and Perceived Social Support. <i>J Community Health Nurs</i> . 2023 Oct 2;40(4):289-297. doi:10.1080/07370016.2023.2241454. Epub 2023 Jul 31. PMID: 37522835.
6	Söylemez BA, Özgül E, Küçükgüçlü Ö, Yener G. Telehealth applications used for self- efficacy levels of family caregivers for individuals with dementia: A systematic review and Meta-analysis. <i>Geriatr Nurs</i> . 2023 Jan-Feb; 49:178-192. doi: 10.1016/j.gerinurse.2022.12.001. Epub 2022 Dec 22. PMID:36565592.
7	Çürük GN, Özgül E, Karadağ S. The effect of COVID-19 on fear, anxiety, and sleep in nursing students. <i>Ir J Med Sci</i> . 2023 Dec;192(6):3125-3131. doi: 10.1007/s11845-023-03308-7. Epub 2023 Feb 13. PMID: 36780096; PMCID: PMC9923649.
8	Çürük GN, Karadağ S, Özgül E. Complementary and Alternative Medicine Methods Used by Older Adults During the COVID-19 Pandemic. <i>Holist Nurs Pract</i> . 2023 Sep-Oct 01;37(5):260-267. doi: 10.1097/HNP.0000000000000602. PMID: 37595118.
9	Çürük GN, Özgül E. Attitudes of oncology nurses regarding ageism. <i>Support Care Cancer</i> . 2022 Jun;30(6):5441-5447. doi: 10.1007/s00520-022-06912-y. Epub 2022 Mar 18. PMID: 35303165.
10	Söylemez BA, Akyol MA, Özgül E, Küçükgüçlü Ö, Tan SG, Soysal P, “Willingness to work with elderly people scale for medical and nursing students: cross cultural adaptation and psychometric validation”, <i>Educational Gerontology</i> , 2022, 0360-1277. doi:10.1080/03601277.2022.2063624
11	Çürük GN, Özgül E, Alkanat HÖ. Psychometric properties of the Turkish version of the Readiness to Encounter Partner Abuse Patients Scale. <i>J Adv Nurs</i> . 2022 Nov;78(11):3860- 3867. doi: 10.1111/jan.15349. Epub 2022 Jun 28. PMID: 35765762.
12	Özgül E, Söylemez BA,” Psychometric properties of the Turkish version of the revised scale for caregiving self-efficacy”, <i>Turkish Journal of Geriatrics</i> , 2021, 1304-2947, 24, 2, 276- 284

13	Söylemez BA, Küçükgüçlü Ö, Özkaya B, Özgül E, “Prevalence of physical restraint: a cross-sectional observational study”, Turkish Journal of Geriatrics, 2020, 1304-2947, 23, 3, 384-392.
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International Books or Book Chapters

No	Book Chapters
1	Özgül, E., & Söylemez, B. A. (2026). Laughter Yoga for Parkinson's Disease: A Mind-Body Nursing Intervention to Support Home Care. In Evidence-Based Approaches for Family Caregivers and Integrative Home Care (pp. 205-228). IGI Global Scientific Publishing.

CONFERENCE PRESENTATIONS

International Conference Presentations

No	Selected International Conference Presentations
1	Özgül E, Akyol M, Erden H, Söylemez B, Küçükgüçlü Ö. “The effects of scenario-based hemiparesis simulation experience on empathy and patient-centered care competencies in nurses: A mixed-method study.” Oral Presentation, 3rd International Congress of Internal Medicine Nursing, November 19-21, 2025, Izmir.
2	Özgül E, Söylemez BA, Küçükgüçlü Ö, Yener G. “The Effect of Wearable Technology on Caregivers' Self-Efficacy and Quality of Life in Dementia Care” Poster Presentation, 39th Annual Conference of the European Association for Health Psychology, August 26-29, 2025, Amsterdam, Netherlands.
3	Akyol MA, Güney S, Ozgul E, Soylemez BA & Küçükgüçlü Ö, “What does the public really know about dementia? A community-based cross-sectional survey in Turkey”, Poster Presentation, EuGMS Congress 2024, September 18, 2024, September 20, 2024, Valencia, Spain
4	Soylemez BA., Ozgul E., Akyol MA., Kucukguclu O., “Effectiveness of the aged simulation suit on undergraduate nursing students' attitudes and empathy toward older adults: A systematic review and meta-analysis,” Poster Presentation, EuGMS 2023 Congress, September 19, 2023, September 21, 2023, Helsinki, Finland
5	Curuk G.N., Ozgul E., “Investigation of oncology nurses attitudes to ageism”, Poster Sunum, Multinational Association of Supportive Care in Cancer (MASCC), 24-26 June 2021.

NATIONAL PUBLICATIONS

No	National Publications
1	Söylemez BA, Özgül E, “Tele-Nursing Practices in Elderly People”, Izmir Katip Celebi University Faculty of Health Sciences Journal, 2022, 7(3), 619-622.
2	Özgül E, & Söylemez BA, “The Effect of Gender of Caregivers of Individuals with Dementia on Caregiver Self-Efficacy”, Gümüşhane University Journal of Health Sciences, 11(3), 1107-1113.
3	Akyol MA, Söylemez BA, Özgül E, & Küçükgüçlü Ö, “Nursing Informatics Competencies of Nurses Working in Internal and Surgical Units in a University Hospital and Related Factors”, Balıkesir Health Sciences Journal, 2022, 11(2), 188- 195.
4	Söylemez BA, Özgül, E, Akyol MA & Küçükgüçlü Ö, “Attitudes of Nursing Senior Students Towards the Use of Computers in Healthcare and Related Factors”, Journal of Health and Nursing Management, 2022.
5	Çürük GN., Özgül, E, & Karadağ, S, “Publication Status of Graduate Theses of Internal Disease Nursing: A Systematic Review”, University of Health Sciences Journal of Nursing, 2021, 3(3), 173-176.

6	Akyol, M. A., Söylemez, B. A., & Özgül, E. (2023). Health Literacy Levels of Family Caregivers of People with Dementia during the COVID-19 Pandemic and Related Factors. Ordu University Journal of Nursing Studies, 6(1), 55-64.
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National Books or Book Chapters

No	Book Chapters
1	Soylemez BA, Ozgul E, "Tele Hemşirelik", Tele Sağlık, Edt: Pınar Soysal & Tufan TÜKEK ISBN: 978- 625-7291-86-6, Türkiye, İstanbul Tıp Kitabevleri, 01 Ocak 2022, Kitapta Bölüm.

National Conference Presentations

No	Selected National Presentations
1	Çürük, GN, Özgül E. "Future Nurses' Perception of Accreditation: A Systematic Review." Oral Presentation, 2nd International Congress on the Future of Nursing Education, September 17-19, 2025, Ankara.
2	Ozgul E, Akyol MA, Söylemez BA, Küçükgüçlü Ö, "The effect of dementia knowledge and perceived social support levels of caregivers of individuals with dementia on caregiver self-efficacy," Oral Presentation, 25th National Congress of Internal Medicine, 8-12 November 2023, Antalya.
3	Söylemez BA, Akyol MA, Ozgul E, Küçükgüçlü Ö, Tan SG, Soysal P, "Validity and reliability study of the scale measuring willingness to work with the elderly," Oral Presentation, 24th National Congress of Internal Medicine, 19-22 October , 2022, Antalya.
4	Soylemez B.A., Ozgul E. "Telemedicine applications in the elderly," Poster Presentation, 23rd National Congress of Internal Medicine, 6-10 October, 2021, Girne.
5	Curuk G.N., Ozgul E., Karadag S. "İç hastalıkları hemşireliğinde yapılan doktora tezlerinin yayınlanma oranları", Sözlü Sunum, 22. Ulusal İç Hastalıkları Kongresi, 6-11 Ekim 2020, Online.

CITATIONS

	Web of Science	Scopus	Google Scholar
H-index	5	4	6

COURSES GIVEN

	Course Name
1	Internal Medicine Nursing
2	Evidence-Based Nursing